

# PARKER'S BLUE ASH TAVERN

## GLUTEN / CELIAC FREE MENU – LUNCH & DINNER

4200 COOPER ROAD – CINCINNATI, OH 45249 – 513-891-8300

**\*Please Specify Gluten Free or Celiac Allergy  
When Placing Order**

### APPETIZERS

<b>HUMMUS</b> .....	8
Chickpea & Tahini, Carrots, Celery, Red Bell Pepper	
<b>HICKORY SMOKED CHICKEN WINGS</b> .....	12
Hearth-Oven Roasted, Ranch Dressing or BBQ Sauce	
<b>SAUTÉED CALAMARI</b> .....	12
Olive Oil, White Wine, Garlic, Lemon, Udi Gluten-Free Crostini	
<b>SHRIMP COCKTAIL</b> .....	12
Classic Horseradish Cocktail Sauce	

### SALADS

<b>CHOPPED SALAD</b> .....	8
Applewood Smoked Bacon, Red Onion, Port Reyes Bleu Cheese, Tomatoes, Red Onion, Scallions, Iceberg Lettuce, Herb Parmesan Dressing	
<b>SPINACH SALAD</b> .....	8
Toasted Almonds, Apples, Goat Cheese, Apple Cider Vinaigrette	
<b>TAVERN WEDGE</b> .....	8
Iceberg lettuce, Port Reyes Bleu Cheese, Ranch Dressing, Applewood Bacon, Tomato	
<b>Add Grilled Organic Chicken Breast</b> .....	5
<b>Hearth-Oven Roasted Salmon</b> .....	8
 <b>CLASSIC COBB</b> .....	 15
Grilled Organic Chicken breast, Port Reyes Bleu Cheese, Hard Boiled Egg, Applewood Smoked Bacon, Tomato, Red Onion, Avocado, Romaine, Honey Ranch Dressing	
<b>ALSATIAN CHICKEN SALAD</b> .....	15
Grilled Organic Chicken Breast, Port Reyes Bleu Cheese, Field Greens, Apples, Apple Cider Vinaigrette, Almonds	

### SANDWICHES

Sandwiches are served with your choice of **Cole Slaw or Fresh Fruit**  
 \*NOTE – **ALL FRIED FOODS ARE CONTAMINATED WITH GLUTEN**

<b>TAVERN BURGER</b> .....	16.5
Udi Gluten-Free Bun, Port Reyes Bleu Cheese, Caramelized Mushrooms & Onions, Roasted Garlic Mayonnaise, Lettuce, Tomato	
<b>ANGUS CHEESEBURGER</b> ( <u>Available for Lunch only</u> ) .....	13.5
Choice of One Cheese: American, Port Reyes Bleu, Sharp Cheddar, Emmental Swiss, Monterey Jack or Pepperjack - Lettuce, Tomato, Udi Gluten-Free Bun	
<b>TURKEY BURGER</b> .....	13.5
Udi Gluten-Free Bun, Seasoned ground Turkey mixed with Parmesan Cheese, topped with Monterey Jack Cheese, Avocado Aioli, Red Onion, Lettuce, Tomato	
<b>BBQ PORK SANDWICH</b> .....	11.5
Udi Gluten-Free Bun, House Smoked Pork Shoulder, Parker's BBQ Sauce, Topped with Coleslaw	
<b>HONEY MUSTARD CHICKEN SANDWICH</b> .....	13.5
Udi Gluten-Free bun, Honey Mustard Sauce, Monterey Jack Cheese, Lettuce, Tomato, Sweet Red Onion, Applewood Smoked Bacon	

**SPECIALTIES**

**L/D**

**CEDAR PLANKED SALMON** ..... 18/24  
Sautéed Green Beans, Rice Medley / White Wine Butter Sauce

**PAN-SEARED RAINBOW TROUT** ..... 15/21  
Cilantro-Lemon-Tomato Butter, Pico de Gallo, Roasted Rosemary Red Potatoes, Green Beans

**12 OZ. N.Y. STRIP STEAK** ..... 32  
Mesquite Charcoal Grilled / Choice of Potato or Vegetable

**FILET MIGNON** ..... 7 oz. 34  
USDA Choice, Char-Grilled / Choice of Potato or Vegetable 10 oz. 42

**10 OZ. FLAT IRON STEAK** ..... 24  
Mesquite Charcoal Grilled / Choice of Potato or Vegetable

**(Available for Dinner only)**

**SEARED JUMBO SEA SCALLOPS** ..... 30  
White Cheddar Grits, Grilled Asparagus / Roasted Tomato Puree

**FILET MIGNON OSCAR** ..... 7 oz. 42  
Jumbo Lump Crabmeat, Béarnaise Sauce, Asparagus / 10 oz. 50  
Choice of Potato or Vegetable

**PRIME RIB OF BEEF (Friday & Saturday Nights only)** ..... 12 oz. 28  
Slow Roasted / Creamy Horseradish Sauce / 16 oz. 34  
Choice of Potato or Vegetable

**DESSERTS**

**GRAETERS ICE CREAM or SORBET** ..... 6