

PARKER'S BLUE ASH TAVERN

GLUTEN FREE MENU – LUNCH & DINNER

4200 COOPER ROAD – CINCINNATI, OH 45249 – 513-891-8300

***Please Specify Gluten Free When Placing Order**

APPETIZERS

MUSSELS	9
White Wine, Butter, Garlic, Lemon, Udi Gluten-Free Crostini	
HUMMUS	8
Chickpea & Tahini, Roasted Red Pepper, White Bean – Raw Vegetables	
HICKORY SMOKED CHICKEN WINGS.	12
Hearth-Oven Roasted, Ranch Dressing or BBQ Sauce	
SAUTÉED CALAMARI	12
Olive Oil, White Wine, Garlic, Lemon, Udi Gluten-Free Crostini	
SHRIMP COCKTAIL	12
Classic Horseradish Cocktail Sauce	

SALADS

CHOPPED SALAD	8
Applewood Smoked Bacon, Red Onion, Port Reyes Bleu Cheese, Tomatoes, Red Onion, Scallions, Iceberg Lettuce, Herb Parmesan Dressing	
SPINACH SALAD	8
Toasted Almonds, Montmorency Dried Cherries, Goat Cheese, Apple Cider Vinaigrette	
TAVERN WEDGE	8
Iceberg lettuce, Port Reyes Bleu Cheese, Ranch Dressing, Applewood Bacon, Tomato	
Add Grilled Organic Chicken Breast	5
Hearth-Oven Roasted Salmon	8
CLASSIC COBB	15
Grilled Organic Chicken breast, Port Reyes Bleu Cheese, Hard Boiled Egg, Applewood Smoked Bacon, Tomato, Red Onion, Avocado, Romaine, Honey Ranch Dressing	
ALSATIAN CHICKEN SALAD	14.5
Grilled Organic Chicken Breast, Port Reyes Bleu Cheese, Field Greens, Sautéed Apples, Apple Cider Vinaigrette, Almonds	

SANDWICHES

Sandwiches are served with your choice of Cole Slaw or Fresh Fruit
*NOTE – **ALL FRIED FOODS ARE CONTAMINATED WITH GLUTEN**

PRIME BEEF BURGER	16.5
Udi Gluten-Free Bun, Port Reyes Bleu Cheese, Caramelized Mushrooms & Onions, Roasted Garlic Mayonnaise, Lettuce, Tomato	
TAVERN CHEESEBURGER (<u>Available for Lunch only</u>)	12.5
Choice of One Cheese: American, Port Reyes Bleu, Sharp Cheddar, Emmental Swiss, Monterey Jack or Pepperjack - Lettuce, Tomato, Udi Gluten-Free Bun	
TURKEY BURGER	13.5
Udi Gluten-Free Bun, Seasoned ground Turkey mixed with Cheddar Cheese, Avocado, Red Onion, Lettuce, Tomato, Pepperjack cheese, Chili Mayonnaise	
BBQ PORK SANDWICH	11.5
Udi Gluten-Free Bun, House Smoked Pork Shoulder, Parker's BBQ Sauce, Topped with Coleslaw	
HONEY MUSTARD CHICKEN SANDWICH	13.5
Udi Gluten-Free bun, Honey Mustard Sauce, Monterey Jack Cheese, Lettuce, Tomato, Sweet Red Onion, Applewood Smoked Bacon	

<u>SPECIALTIES</u>	<u>L/D</u>
CEDAR PLANKED SALMON	18/24
Mashed Potatoes, Haricots Verts / White Wine Butter Sauce	
PAN-SEARED RAINBOW TROUT	15/21
Cilantro-Lemon-Tomato Butter, Pico de Gallo, Roasted Rosemary Red Potatoes, Haricot Verts	
N.Y. STRIP STEAK	32
12oz. USDA Choice, Char-Grilled / Choice of Potato or Vegetable	
FILET MIGNON	7 oz. 34
USDA Choice, Char-Grilled / Choice of Potato or Vegetable	
	10 oz. 42

(Available for Dinner only)

AUSTRALIAN RACK OF LAMB	28
14 oz. Lamb Rack / Classic Rosemary-Garlic Rub / Whole Grain Mustard & Red Wine Demi-Glace / Mashed Potatoes / Mint Chiffonade	
SEARED JUMBO SEA SCALLOPS	30
White Cheddar Grits, Grilled Asparagus / Roasted Tomato Puree	
FILET MIGNON OSCAR	7 oz. 42
Jumbo Lump Crabmeat, Béarnaise Sauce, Asparagus / Fontina Potatoes au Gratin	
	10 oz. 50
PRIME RIB OF BEEF	12 oz. 28
Slow Roasted / Creamy Horseradish Sauce / Choice of Baked Potato or Mashed Potatoes	
	16 oz. 34

DESSERTS

JENI'S SORBET	6
GRAETERS ICE CREAM	6