

# PARKER'S BLUE ASH TAVERN

## GLUTEN FREE MENU – LUNCH & DINNER

4200 COOPER ROAD – CINCINNATI, OH 45249 – 513-891-8300

**\*Please Specify Gluten Free When Placing Order**

### APPETIZERS

<b>MUSSELS</b> .....	9
White Wine, Butter, Garlic, Lemon, Udi Gluten-Free Crostini	
<b>HUMMUS</b> .....	8
Chickpea & Tahini, Roasted Red Pepper, White Bean – Raw Vegetables	
<b>HICKORY SMOKED CHICKEN WINGS.</b> .....	12
Hearth-Oven Roasted, Ranch Dressing or BBQ Sauce	
<b>SAUTÉED CALAMARI</b> .....	12
Olive Oil, White Wine, Garlic, Lemon, Udi Gluten-Free Crostini	
<b>SHRIMP COCKTAIL</b> .....	12
Classic Horseradish Cocktail Sauce	

### SALADS

<b>CHOPPED SALAD</b> .....	8
Applewood Smoked Bacon, Red Onion, Port Reyes Bleu Cheese, Tomatoes, Red Onion, Scallions, Iceberg Lettuce, Herb Parmesan Dressing	
<b>SPINACH SALAD</b> .....	8
Toasted Almonds, Montmorency Dried Cherries, Goat Cheese, Apple Cider Vinaigrette	
<b>TAVERN WEDGE</b> .....	8
Iceberg lettuce, Port Reyes Bleu Cheese, Ranch Dressing, Applewood Bacon, Tomato	
<b>Add Grilled Organic Chicken Breast</b> .....	5
<b>Hearth-Oven Roasted Salmon</b> .....	8
<b>CLASSIC COBB</b> .....	15
Grilled Organic Chicken breast, Port Reyes Bleu Cheese, Hard Boiled Egg, Applewood Smoked Bacon, Tomato, Red Onion, Avocado, Romaine, Honey Ranch Dressing	
<b>ALSATIAN CHICKEN SALAD</b> .....	14.5
Grilled Organic Chicken Breast, Port Reyes Bleu Cheese, Field Greens, Sautéed Apples, Apple Cider Vinaigrette, Almonds	

### SANDWICHES

Sandwiches are served with your choice of Cole Slaw or Fresh Fruit  
\*NOTE – **ALL FRIED FOODS ARE CONTAMINATED WITH GLUTEN**

<b>PRIME BEEF BURGER</b> .....	16.5
Udi Gluten-Free Bun, Port Reyes Bleu Cheese, Caramelized Mushrooms & Onions, Roasted Garlic Mayonnaise, Lettuce, Tomato	
<b>TAVERN CHEESEBURGER</b> ( <u>Available for Lunch only</u> ) .....	12.5
Choice of One Cheese: American, Port Reyes Bleu, Sharp Cheddar, Emmental Swiss, Monterey Jack or Pepperjack - Lettuce, Tomato, Udi Gluten-Free Bun	
<b>TURKEY BURGER</b> .....	13.5
Udi Gluten-Free Bun, Seasoned ground Turkey mixed with Cheddar Cheese, Avocado, Red Onion, Lettuce, Tomato, Pepperjack cheese, Chili Mayonnaise	
<b>BBQ PORK SANDWICH</b> .....	11.5
Udi Gluten-Free Bun, House Smoked Pork Shoulder, Parker's BBQ Sauce, Topped with Coleslaw	
<b>HONEY MUSTARD CHICKEN SANDWICH</b> .....	13.5
Udi Gluten-Free bun, Honey Mustard Sauce, Monterey Jack Cheese, Lettuce, Tomato, Sweet Red Onion, Applewood Smoked Bacon	
<b>GRILLED PORTOBELLO MUSHROOM SANDWICH</b> .....	14
Udi Gluten-Free Bun, Roasted Portobello, Red Bell Pepper, Grilled Zucchini, Summer Squash, Caramelized Onions, Buffalo Mozzarella, Arugula, Rosemary Garlic Aioli	

**SPECIALTIES**

**L/D**

<b>CEDAR PLANKED SALMON</b> .....	18/24
Mashed Potatoes, Sautéed Haricots Verts / White Wine Butter Sauce	
<b>PAN-SEARED RAINBOW TROUT</b> .....	18/20
Maple Brown Butter Glaze / Toasted Pecans / Mashed Potatoes or Haricot Verts	
<b>N.Y. STRIP STEAK</b> .....	32
12oz. USDA Choice, Char-Grilled / Choice of Potato or Vegetable	
<b>FILET MIGNON</b> .....	7 oz. 34
USDA Choice, Char-Grilled / Choice of Potato or Vegetable	
	10 oz. 42

**(Available for Dinner only)**

<b>AUSTRALIAN RACK OF LAMB</b> .....	28
14 oz. Lamb Rack / Classic Rosemary-Garlic Rub / Whole Grain Mustard & Red Wine Demi-Glace / Mashed Potatoes / Mint Chiffonade	
<b>SEARED JUMBO SEA SCALLOPS</b> .....	30
White Cheddar Grits, Grilled Asparagus / Roasted Tomato Puree	
<b>FILET MIGNON OSCAR</b> .....	7 oz. 42
Jumbo Lump Crabmeat, Béarnaise Sauce, Asparagus / Fontina Potatoes au Gratin	
	10 oz. 50
<b>PRIME RIB OF BEEF</b> .....	12 oz. 28
Slow Roasted / Creamy Horseradish Sauce / Choice of Baked Potato or Mashed Potatoes	
	16 oz. 34

**DESSERTS**

<b>JENI'S SORBET</b> .....	6
<b>JENI'S ICE CREAM</b> .....	6